BitchScholl Volume 43, Spring 2017

39K Club Celebrate!
2018 Race Wave Placement
Fat Bike Birkie Results



A Group Like None Other!

Cheers to all of you who turned out for "BirkieFest 2017"! We at Slumberland were beyond proud to be right there with you, from the expo to the podium (see page 7). What a celebration, of each of you and your passion for the active, outside lifestyle and for all things Birkie! We wish you all a wonderful year and look forward to seeing you along the way and at Birkie 2018.

- The Slumberland Team







tableofcontents

- 4 Birkie Team 2017
- 5 A Message from Ben Popp, ABSF Executive Director
- 6 Special Thanks to Our Sponsors
- 7 Clearly, Much More than a Ski Race Slumberland Furniture Team
- 7 Halfway There! Capital Campaign Phase 2
- 8 2017-2018 Birkie Calendar of Events
- 9 39K Club Celebrating a Tradition Judy Hoeschler
- 10 Show Up & Don't Quit Ernie St. Germaine
- 11 Results & Awards 2017
- 12 2018 Birkie Week Schedule of Events
- 12 2018 Birkie & Korte Wave Placement
- 14 How the Grinch Stole the Birkie Steve Cannon, Anne Elspethe & Dr. Seuss
- 15 The Nearly Million Dollar Question...
- 16 Birkie Week Photo Gallery
- 24 Amazing Birkie Volunteers
- 25 Fat Bike Birkie Photo Gallery
- 27 Big! Fat! Fun! Fat Bike Birkie 2017
- 28 2017 Fat Bike Birkie Results
- 31 Watermelon Margaritas & Learning to Fall Uphill Amy Hromatka
- 33 Kids! Kids! Kids!
- 33 I Can't Wait for the Next One! Tony Wiederkehr
- 35 Birkie Trail Run Festival 2017
- 36 What's In It For You?



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Cover Photo by Sally Krueger, ABSF Photographer



Volume 43 – Spring 2017

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Birkie Team 2017

2017 Race Staff

Executive Director	Ben Popp
Event Director	Allan Serrano
Marketing & Communications Director	Nancy Knutson
Volunteer & Participant Services	Ronda Tworek
Skier Development & Operations Manager	Kristy Maki
Registration/Office Manager	.Colleen Dressen
Sponsorship Director	Susan Kendrick
Finance Director	Lisa Schmock
Development Director	Chris McGrath
Event Operations Facilities Manager	Jim Sokup
Event Operations Assistant	Will Popp

Public Safety DirectorGerald Voight
rail Director Chris Campbell
Assistant Trail Manager Denny Patnode
xpo ManagerBen Kanters
rail Staff Chris Campbell, Denny Patnode
Paul Ostrum, Sam Hughes, TJ Barnes
Gary Wright, John Fitzgerald
Derec Strapon, Michael Haag, Julie Schmock
Event Operations StaffBill Ryan, Jon Martin
Birkie Enterprises Retail ManagerLouise Jones
Virkia Enterprisas Einanse Manager Stephania Martin

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Charlie Dee	Director
John Garrett	Director
Tom Duffy	Representative, Sawyer Co.
Brett Rondeau	Representative, Bayfield Co.

2017 Race Chiefs

Wally Kruk	Amateur Radio Communications
	Awards
	Barkie Birkie
	Birkie Baggage
	Birkie/Korte - Finish Food Station
· · · · · · · · · · · · · · · · · · ·	Birkie/Korte - Finish Food Station
-	Birkie - Finish Line Medals
	Birkie - Finish Line Medals
	Busing
	Finish Line
led & Jane Malischke	Birkie - Timber Trail Food Station
	Birkie - Fire Tower Food Station
	Birkie - Boedecker Food Station
	Birkie - OO Food Station
	Birkie & Korte - Gravel Pit Food Station
	Birkie & Korte Gravel Pit Food Station
	. Birkie - Mosquito Brook Food Station
	Birkie - Hatchery Food Station
	Korte - Mosquito Brook Food
	International Bridge
	Korte - Finish Line Medals
	Birkie - Start Venue
	Lost & Found

Roxanna Jackson	Lost and Found
John O'Connell	Finish Venue
Dayle Quigley	Medical Director
	Aid Station Medical
Dr. Adam Atkins	Birkie - Finish Line Medical
	Birkie - Finish Line Medical
Jeff Schmidt	Ski Patrol
TJ Edwards	Parking
Noah Lattin	Road Crossings/Snow Covering
Rob Frenchik	Birkie - Start Gatekeeper
Katie Hancock	Birkie - Start Stewards
Bruce & Karen Manske	Junior Birkie
Jim Crandall	Birkie Adaptive Ski
Tom Duffy	Birkie Sprints
Scott Wilson	Birkie Sprints
Kelli Sorensen N	Nikkerbeiner/Opening Ceremonies
Colleen Graham	Barnebirkie Finish
Jane Mandli	Barnebirkie Finish
Joe & Bean Timmerman	Barnebirkie Start
David Paulson	Korte - Start
Jesse Cain	Prince Haakon - Start
Steve Wenzel	Food Station Supplies
Eric Maki	Forerunning
Susan Fibert	Celebration Plaza
David Popelka	Birkie Start Cocoa
Cathy Larson	Birkie Giant Ski

Birkie Chiefs are uber volunteers who lead our dedicated volunteers to make sure that event participants have a safe and amazing experience. Birkie Chiefs are the backbone of the volunteer corp and we simply couldn't produce the Birkie events without them. If you're interested in learning more about becoming a Birkie Chief and the many benefits the role includes, please contact 715-634-5025 with questions!

#BirkieFever

Photography and Videography

Birkie Photography &

Videography Coordinator	James Netz Photography
James Netz	Photographer/Videographer
Kelly Randolph	Photographer
Sally Krueger	Photographer
Lenora Ludzack	Photographer
Gabe Jacobs	Photographer
Chais Parkos	.Videographer/Video Editor
Julie Hill	Photography Editor

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Bayfield County Sheriff Patrol CaptainTom Renz Sawyer County Emergency Services Pat Sanchez
Sawyer County Emergency Services Pat Sanchez
, , , ,
Public Works Director City of Hayward John McCue
Public Works Foreman City of Hayward John Metcalf
Sawyer County Ambulance Director Mitch Rice

66...When there is 2 feet of snow beneath the corduroy we may take for granted the complexity of human and natural factors that make for a world class experience. If anything, this year reminded us that the Birkie is a human experience as much as it is a natural one. Thanks to all for making people's lives better and for providing us a front row seat to witness it. 🤊 🤊

–M.E., Birkie Fan

Hello Birkie Friends!

Someday, when we look back in the archives, the 2017 Birkie, Korte, and Prince Haakon races will go down in history as "officially canceled." However, those who were here will likely tell a different tale, a story of what "actually" happened in northern Wisconsin the last week of February in 2017. While mother nature made up her mind that there would be no ski racing, the community, the camaraderie, and the greater spirit that **IS** the Birkie, shone brighter than ever during Birkie week 2017.

Even though Barnebirkie and Junior Birkie skiers never donned their skis, the look of excitement and determination in their eyes as they prepared to run, said it all. It didn't matter that there wasn't snow. They simply celebrated the spirit of fun with friends, a little competition, and a great day outside enjoying the beautiful outdoors.

And, on Saturday, instead of a race, the American Birkebeiner Trailhead was transformed into a celebration of what defines the Birkebeiner warrior spirit...determination in the face of adversity, strength of mind and spirit, with a touch of grit mixed in for good

measure. BirkieFest 2017 was a celebration of the essence of the Birkie spirit – not just an event, but the joining of a community, a snapshot of a lifestyle that we all hold dear. While the 2017 Birkie was not as planned, I believe it upheld the standard set forth by the years of Birkie events preceding it. Based on the responses to our recent survey, the majority of you felt the same. For that, we are grateful.

With spring in the air, we are refocusing our efforts on numerous projects designed to improve the Birkie Trail experience. From aid station improvements (part of the capital campaign) and trail repairs from last summer's big rain storms, to replacing kilometer after kilometer of new trail markers, and the beginnings of improvements at the OO Trailhead, we'll be busy through fall! The Birkie Trail is at the center of what defines us and as stewards of the trail, we work hard to make certain the trail is in prime condition for the tens of thousands of silent sport enthusiasts who train, relax, or simply enjoy the trail all year through.

Which leads me to the members of American Birkebeiner Ski Foundation. You are the lifeblood of the organization and a big part of why and how we can continue to improve the overall Birkie Trail experience. If you're not a member, I encourage you to consider joining us in 2017. Your membership includes the ability to vote in the annual board elections, joining us in our advocacy of silent sports in the north woods, along with some cool perks and sweet discounts. If you're interested in learning more, visit page 36.

Check out our calendar of events on page 8. Registration is already open for the 2017 Birkie Trail Run Festival, with Birkie, Korte, Prince Haakon and Lumberjack Run registration opening in May.

If you have a question or just want to chat, please don't hesitate to reach out to me or anyone on the Birkie Team – we are here to help. I hope to see you in the north woods and out on the trails soon!

Zigp Ben Popp

Executive Director American Birkebeiner Ski Foundation

The Mission of the American Birkebeiner Ski Foundation

- To promote and conduct the finest international cross-country ski competition and active lifestyle events;
- To serve as good stewards of the American Birkebeiner Trail;
- To support healthy and active lifestyles among people of all ages and abilities.





With Special Thanks To Our 2017 Sponsors



Slumberland American Birkebeiner

Clearly, Much More Than a Ski Race

Birkie Fever takes many forms, something we were all privileged to witness at this year's historic "BirkieFest 2017." Slumberland Furniture, Title Sponsor of the American Birkebeiner ski race and the year-round Birkie Lifestyle, shared in the whole experience, from the expo to the podium. Hear what they had to say about this year's Birkie celebration.

"When we talk to groups about the partnership Slumberland Furniture has developed with the American Birkebeiner Ski Foundation, we talk about the alignment of the two organizations. Our missions and approach are very similar. And, just as Slumberland strives to make a difference through its programs like 40 Winks for children in need, to be much more than just a place that sells mattresses, the Birkie is clearly much more than a ski race."

"This year specifically, the record heat wave caused the event to transition from a race to a celebration of the Birkie lifestyle. This provided the opportunity to see the event through another lens. The fact is that without the usual tension of the race itself, the atmosphere was electric and party-like, giving participants the opportunity to connect with friends, family, and the ski community on a much more social level than usual."

"From a media perspective the Birkie folks hit it out of the park. Their ability to become an attractive place and event for



Ken Larson Sr., Founder and CEO of Slumberland Furniture, and his wife, Barb Larson; Ben Popp, Executive Director of the ABSF; Clay Diggins, Slumberland Vice-President of Sales and Store Operations. – Photo Courtesy of Lee Phipps

news outlets to cover has never been better. There also may be something to the fact that the media in some ways wants to stay close to a potential train wreck waiting to happen. In the end, however, the media all jumped on board that very train and have given lavish praise to Ben Popp and his organization for the way they handled a difficult situation and for the event that the group was able to host." "From Slumberland's perspective we could not be more proud to be associated with an organization like the ABSF. The way they conduct themselves and the reputation they have earned in the communities where they operate make them a cherished partner. It is our sincere hope that the synergy is a two-way street and that Slumberland's influence on the Birkie is positive for all."

- The Slumberland Furniture Team

Halfway There!

Just 8 short months ago we launched Phase 2 of our Honoring the Legacy – Ensuring the Future Capital Campaign. Through the generous support of 1500 donors we are now over halfway to our goal! We are incredibly grateful for the support of all who have helped us to reach this point in the campaign.

The improvements we have planned will provide better race day experiences for all, deliver opportunities for improved year-round trail access, and enable & inspire a healthy, active, year-round Birkie lifestyle.

From aid station and trailhead improvements (like adding wells and drinking water access at Trailhead cabins!), to miles of trail repair on the 100+ kilometer Birkie Trail system, your generosity will ensure that the Birkie experience will be available for generations to come.

If you're interested in helping us to reach our goals, please reach out to Ben Popp at the ABSF office.

Thank You!



New! Drinking water available at Trailhead cabins!

AMERICAN BIRKEBEINER SKI FOUNDATION - 2017-2018

Birkie Events Calendar

2017

May 1	2018 Slumberland American Birkebeiner Ski Marathon Registration Opens
	2018 Kortelopet Registration Opens
	2018 Prince Haakon Registration Opens
	2018 BirkieTour Registration Opens
	2018 Fat Bike Birkie Registration Opens
May 15	Lumberjack Run/Walk Registration Opens
July 22	Lumberjack Run/Walk Around Lake Hayward
August 5	American Birkebeiner Ski Foundation Annual Meeting & Fun Day!
September 30	Birkie Trail Run Festival

2018

January 1	2018 Birkie Trail Run Festival Registration Opens
January 14	BirkieTour
February 22-25	44th Anniversary – American Birkebeiner and Birkie Week Events
March 10	Fat Bike Birkie

Join us for a year-round schedule of fun, healthy, active lifestyle events!



Dates Subject to Change



39K Club - Celebrating a Tradition!

– Judy Hoeschler

Over the years, the 39K Club tradition has woven itself into the fabric of the American Birkebeiner ski race experience. Much like kissing the Blarney Stone in Ireland, stopping for a sipsy from the shot-ski at the 39K marker on the trail has become a must do for many a skier. Here's to the legacy of Birkie Fever that this group of hearty souls spreads each and every year. You've warmed the cockles of many a skier's heart! Skäl!

It all started innocently enough in 2007 when a few of Beth and Barney Morgan's friends gathered on race day to watch skiers near Mosquito Brook Trailhead. As retired Birkie skiers, they knew that the hill at 39 kilometers was the perfect spot to cheer and encourage skiers, in part because it had a picnic table.

In 2008, Judy and Jay Hoeschler, hot off a summer of announcing log rolling tournaments, suggested that a sound system, tunes and color commentary would be a welcomed addition. Fred and Sue Scheer provided equipment and trail access from their home at The Brook. A dozen friends and family slogged up the long hill, sledding in a generator, sound equipment, food and home-brew by Bill Shumway. Todd Williamson did what comes natural to the sons of Norwegian woodsmen, gathering up wood for the fire. The warm sunny day provided the perfect backdrop for a great day and the start of a new Birkie tradition.

The gathered group of friends quickly realized that amplified music and Birkie bells



were a huge support to skiers at a very tough section of the race, especially those in later waves. We provided words of encouragement, high fives, hugs, sometimes blueberry or lentil soup, and a warm fire. Part cheering section, part dance party, the club music playlist is always important.

Our group gathers early on race day, before the elite skiers' arrival, enjoying the





beauty of the forest, the corduroy trail, and Irish coffee with whipped cream. The excitement is electric when the elite racers come by, but they are on a mission and not unexpectedly don't even acknowledge our existence. One year, the 15th racer turned, smiled and fist-pumped us. We marvel and cheer at the Birkie founders who glide by exhausted but determined.

After the tragic loss of club member, Ben Morgan, just a few weeks before race day in 2014, the 39K has become a sacred space to celebrate our Birkie community of friends and family.

In 2012, the infamous Shot-Ski made its first appearance, created in the wood shop of club president, Barney Morgan. Filled with sugary concoctions of butterscotch, blackberry, and cinnamon libations, the shot-ski is part ceremony, part feed station, and all fun. Club members entice skiers to the ceremony but are careful not to step up to the ski too often themselves.

In 2017, the Birkie was faced with cancellation due to warm weather. In an effort to sustain Birkie Fever, 39K Club members rallied for the first-ever BirkieFest. With our old 39K trail marker in tow, we set up a sound system, tunes, and color commentary, recreating our annual Birkie tradition, this time at the 3.9K marker of the 5K looped course. Needless to say, business at the shot-ski was brisk, with the first sighted 'lift line' ever in Birkie Nordic ski history.

Ski. Run. Bike. Live!

Show Up & Don't Quit

-Ernie St. Germaine, Founding Skier

I don't have a group of friends that I ski with. Most of the time when I hike, bike, inline skate, walk through the woods, or ski, I'm pretty much alone. I guess that might best describe what being an American Birkebeiner Founder feels like these days, with the exception, of course, of skiing alongside thousands each February. Looking back, it certainly wasn't always that way.

And, So it Began...

After my first few kilometers in the first race in 1973, I didn't see any other skier until about the last 5k of the race. Breaking the silence, I heard my best friend, Dave Landgraf, yodel from a distance, "little old lady who! Ernie Boy!" The whole time I thought he was ahead of me. From that point we skied in together, down Exhibition, to the front of the chalet, where we crashed over the finish line. I remember Janette Vortanz had a small finish line card table setup. She pinned a ribbon on Dave, then me, and said, "The devil sure got into you boys."

On Becoming a Founder

One of the reasons the original founding skiers - Karl Andresen, Fred Constalie, Nils Meland, Wayne Lindskoog, Jacque Lindskoog, John Holmquist, Jack Gannet, Rick Scott, John Kotar, Dave Landgraf and me - kept skiing the American Birkebeiner, year after year, is that we just didn't know how to quit.

Tony Wise declared that we were "founders" after we all skied the first ten races. After that race, Tony invited us to Telemark for a summer picnic to celebrate the group's remarkable accomplishment. We ate, celebrated, played a round of golf, and in going through memorabilia and photos discovered that we didn't have a photo of all eleven of us together. It seemed someone was always missing. The only time we were all together was on the starting line. I suppose it was the one thing we all held in common. We just showed up there, year after year, and we kept showing up. We didn't quit.

Wax & Oranges

10

Thinking back to the starting line at the second race in February of 1974... it was

cold and crisp in the Bowl at Historyland in Hayward. The entry field had doubled from the first year. It was the second year when I discovered there was such a thing as "kick wax." The pine tar had been rubbed off my skis in the first race in 1973. I pretty much had bare wood on the bottoms of my wooden skis when I arrived at the Hwy OO crossing, which was below the hill from where it crosses now. A skier was standing there rubbing the bottom of a ski and I asked him what he was doing. He said, "waxing." He tossed me a tin of something that looked like candle wax only it was purple. He said, "color it on then rub it in." I did as he instructed and gave him the tin back. He skied off as I rubbed my wax on. I put my skis back and instead of skiing off happily, my skis stuck to the snow like glue. Purple wax on a below zero day! The good thing was that it didn't last long.



Ernie St. Germaine is the only founding skier to have completed every Birkie ski race since 1973.

For the 3rd race, in 1975, we learned about Klister. It was a warm day, overcast and the snow was wet. Purple Klister solved that waxing challenge. The race numbers doubled again to about 150 entrants so Tony decided we would need to start out in the middle of Lake Hayward near the beach. We started skiing in the direction of Hayward's downtown, then circled back east along Hwy B, then across Wheeler Rd and into the woods, heading north to Telemark. I don't remember too much about that race other than that was the year Tony decided we needed water and oranges along the way so a couple of "food and rest stations" were introduced.

The Birkie Explosion...

Then it began to happen. Bill Koch won a silver medal in the 1976 Olympics and Nordic skiing in America exploded. Along with it, the numbers of entrants in Tony's American Birkebeiner race which was held shortly after the Olympics. The playing of the Olympic theme over loud speakers worked the starting field into a frenzy causing the "thief start" in that year's race. We skied out about 6 minutes early, as I recall. I remember seeing skiers with skis on their shoulders walking down from the lodge to the start line as we skied by heading up the hill and out onto the course. Thereafter, the numbers in the race continued to grow each year.

Show Up and Don't Quit

A very close friend and mentor, Billy Mills, Olympic Gold Medal Champion, once told me "if you have it in you to dream, you have it in you to succeed. But you must be willing to put in the work necessary to make your dreams a reality." For a Founder, and for many others, skiing the American Birkebeiner each year became as natural as drawing in your next breath. You don't sit around and consider how you will do it, you just do it naturally as though it's a part of your nature, as though living depends on it. And you show up at the start line and you don't quit.

The Birkie Way of Life

The American Birkebeiner will not end, we saw that Saturday, Race Day 2017, when so many showed up to ski and celebrate, even after the race had to be canceled, and to say thank you in that way we know how; by skiing. And we will be there next February to ski again because that is what we love to do. It's our way of life. We show up and we won't quit.

Barkie Birkie Canicross

3K Female

Duluth, MN	11:40.76
Duluth, MN	12:39.92
Mahtowa, MN	13:41.39
Minneapolis, MN	11:30.38
Mercer, WI	11:49.20
Mercer, WI	11:54.68
Edina, MN	6:58.0
Hayward, WI	7:20.9
Eleva, WI	7:39.1
Minocqua, WI	5:50.8
Lafayette, CO	6:25.2
Walkers Point, WI	6:46.9
	Duluth, MN Mahtowa, MN Minneapolis, MN Mercer, WI Mercer, WI Edina, MN Hayward, WI Eleva, WI Minocqua, WI

Sharing the Barkie Fever!

A check for \$750, proceeds from the 2017 Barkie Birkie Canicross, was presented to the Hayward Northwoods Humane Society in support of our furry friends.



Thank you to the over 600 runners who participated in the 2017 Adventure Run!

Presented By:



Ree Primley Award Winner

ZWISS MISS

2017 National Ski Patroller of the Year David Squires Viking Nordic ski patrol

The Shellie Milford Spirit of the American Birkebeiner Award

Dan Clark For Years of Dedicated Volunteerism & Service

Junior Birkie

Presented By:



1K U8 Girls

Presented By:

NORTHERN AKES

 U8 Girls Camille Friden Claire Gilmer Milla Erickson 	Plymouth, MN Winona, MN Blaine, MN	4:29.05 4:57.55 5:13.27
U8 Boys 1. Karl Nelson 2. Kane Straka 3. Eli North	Medicine Lake, MN Nashotah, WI Bayside, WI	4:23.26 4:35.97 4:38.35
U10 Girls 1. Stella Meza 2. Anna Gilmer 3. Lola Olsen	Lac Du Flambeau, WI Winona, MN Hayward, WI	4:10.05 4:13.38 4:45.44
U10 Boys 1. Jamison Ping 2. Ethan Albrecht 3. TJ Pennycook	Park City, UT Stillwater, MN Hudson, WI	3:54.40 4:13.28 4:17.91
2K U12 Girls 1. Lauren Ping 2. Fran Peterson 3. Anne Straka	Park City, UT Barron, WI Nashotah, WI	7:50.06 8:21.66 8:29.78
U12 Boys 1. Keenan Friden 2. Grant Popp 3. Luke Popp	Plymouth, MN Earl, WI Earl, WI	8:11.65 8:14.71 8:18.35
U14 Girls 1. Grace Ping 2. Mia Case 3. Spirit Hess	Park City, UT Minocqua, WI Green Bay, WI	6:48.82 8:04.04 8:44.60
U14 Boys 1. Marcus Peterson 2. Casey Van Hefty 3. Owen Ping	Barron, WI Minocqua, WI Winona, MN	7:21:39 7:28.80 7:31.71
3K U16 Girls 1. Jane Straka 2. Kenai Weinhold 3. Faith Pera	Nashotah, WI Stewartville, MN Wakefield, MI	14:01.00 17:03.20 18:39.36
U16 Boys 1. Alex Gay 2. Phillip Hedges	Rochester, MN Duluth MN	12:46.36 16:57.77
High School Girls 1. Letizia Boccoli 2. Ele Maki 3. Veronica Roloff	Wausau, WI Wausau, WI Wausau, WI	15:58.77 20:11.07 21:15.40

Slumberland American Birkebeiner – Nordic Festivities

2018 Schedule of Events • February 22-25, 2018

Thursday, February 22, 2018

9:00am Birkie Adaptive
10:00am Barkie Birkie Skijor
11:15am Opening Ceremonies & Nikkerbeiner Parade
12:00pm Barnebirkie
1:00pm Birkie Expo
2:00pm Junior Birkie
4:20pm Birkie Sprints
6:00pm Birkie Giant Ski

Friday, February 23, 2018

10:45am Kortelopet 1:15pm Prince Haakon

Saturday, February 24, 2018

8:15am 44th Annual Slumberland American Birkebeiner

Sunday, February 25, 2018

9:00am Birkie On-Snow Ski & Bike Demo9:00am Fast & Female Champ Chat

Birkie & Korte Wave Placement

Wave seeding is based upon your best Birkie or Korte race finish time from the past three races and is determined by the following hierarchy:

- 1. Result of the same race (Birkie or Korte) and technique (classic or skate) for which you are registering;
- 2. Result of different technique (classic or skate) in the same race (Birkie or Korte) for which you are registering, plus an adjustment factor;
- 3. Result of different race (Birkie or Korte) in the same technique (classic or skate) for which you are registering; plus an adjustment factor;
- 4. Result of different race (Birkie or Korte) and different technique (classic or skate), plus adjustment factor.
- 5. If no time results are available, you will be placed in the last wave.

Change Requests

- If you do not have a Birkie or Korte result from the past three races, you may submit a request to utilize a result from a Birkie qualifying race from 2017 to be placed in a seeded wave.
- If you are seeded from a Birkie or Korte result from the past three races, you may submit a request to utilize a result from a Birkie qualifying race to be placed in a higher seeded wave.
- Birkie qualifying races must be completed in 2017 or before January 26, 2018.
- The top 200 men and 60 women in Birkie Skate and top 100 men and 40 women in Birkie Classic from 2016 qualify for the Elite Wave. If you are changing techniques in 2018 and wish to be in the elite wave, you must request elite wave placement at elite@birkie.com.
- Wave upgrade requests that were completed for the 2017 Birkie will be honored, but must be requested for the 2018 race at www.birkie.com/birkie. There will be no additional charge for this specific upgrade request.
- Please see www.Birkie.com for eligible qualifying races and procedures for submitting wave seeding request.
- All wave change requests must be made by 4:00 pm, CST, January 26, 2018. A \$15 fee will be charged for all requests.
- Please note that if a wave has filled at the time of your registration or change request, you will be placed in the next available wave.
- We reserve the right to manipulate the seeding of waves in order to create balanced, safe waves for all skiers.
- All Korte skiers 13-20 (year of birth 1998-2005) may ski in the U20 Korte Wave. See www.birkie.com/kortelopet for details.

Change Request Deadline January 26, 2018

Change requests will be accepted between Birkie, Korte, and Prince Haakon races. All race, technique, and wave change requests will be accepted through 4:00pm CST on January 26, 2018. Fees Will Apply.

		e Skate Wave S	· · · · · · · · · · · · · · · · · · ·
	<u>2016</u>	<u>2015</u>	<u>2014</u>
Wave	Finish Time	Finish Time	Finish Time
1	2:36:35 to 3:05:16	2:12:21 to 3:19:11	2:14:29 to 3:43:56
2	3:05:17 to 3:26:36	3:18:12 to 3:43:09	3:43:57 to 4:13:32
3	3:26:37 to 3:54:19	3:42:10 to 3:54:58	4:13:33 to 4:39:07
4	3:54:20 to 4:03:05	3:54:59 to 4:28:12	4:39:08 to 5:04:40
5	4:03:06 to 4:33:10	4:28:13 to 5:05:12	5:04:41 to 5:43:34
6	4:33:11 to 5:29:30	5:05:13 to 6:10:10	5:43:35 to 6:46:30
7	5:29:31 and up	6:10:11 and up	6:46:31 and up

		Classic Wave	
Wave	<u>2016</u> Finish Time	<u>2015</u> Finish Time	<u>2014</u> Finish Time
vvave	2:49:59 to 4:27:40	2:59:02 to 4:12:30	
			3:01:00 to 4:34:32
2	4:27:41 to 5:08:49	4:12:31 to 4:49:45	4:34:33 to 5:10:45
3	5:08:50 to 5:46:27	4:49:46 to 5:25:10	5:10:46 to 5:49:00
4	5:46:28 to 6:33:00	5:25:11 to 6:04:00	5:49:01 to 6:37:19
5	6:33:01 to 7:41:20	6:04:01 to 7:27:30	6:37:20 to 7:55:43
6	7:41:21 and up	7:27:31 and up	7:55:44 and up

	2018 Kortelo	pet Skate Wave	Seeding
	2016	2015	2014
Wave	Finish Time	Finish Time	Finish Time
1	up to 1:43:16	Up to 2:05:16	Up to 2:23:00
2	1:43:17 to 2:19:41	2:05:17 to 2:50:22	2:23:01 to 3:15:22
3	2:19:42 and up	2:50:23 and up	3:15:23 and Up
4	No time in 2014-2016	No time in 2014-2016	No time in 2014-2016

	2018 Kortelop	oet Classic Wave	Seeding
	2016	2015	2014
Wave	Finish Time	Finish Time	Finish Time
1	Up to 2:37:18	Up to 2:37:44	Up To 2:45:07
2	2:37:19 to 3:29:24	2:37:45 to 3:36:48	2:45:08 to 3:46:42
3	3:29:25 and up	3:36:49 and up	3:46:43 and Up
4	No time in 2014-2016	No time in 2014-2016	No time in 2014-2016

2018 Slumberland American Birkebeiner Start Timetable

Start		9:10	Wave 2 Classic
Time	Wave	9:15	Wave 2 Skate
8:15	Spirit of 35	9:20	Wave 3 Classic
8:30	Women Elite Skate	9:25	Wave 3 Skate
8:35	Men & Women Elite	9:30	Wave 4 Classic
	Classic	9:35	Wave 4 Skate
8:40	Wave 1 Classic	9:40	Wave 5 Classic
8:50	Men Elite Skate	9:45	Wave 5 Skate
8:55	Wave 70 Skate &	9:50	Wave 6 Classic
	Classic	9:55	Wave 6 Skate
9:05	Wave 1 Skate	10:00	Wave 7 Skate

2018 Kortelopet Start Timetable

Start		11:15	Wave 1 Classic
Time	Wave	11:20	Wave 1 Skate
10:45	Boys U20 Skate	11:25	Wave 2 Classic
10:50	Girls U20 Skate	11:30	Wave 2 Skate
10:55	Boys U20 Classic	11:35	Wave 3 Classic
11:00	Girls U20 Classic	11:40	Wave 3 Skate
11:05	Wave 70	11:45	Wave 4 Classic

Start Time 1:15-1:30pm 2018 Prince Haakon Wave All Skiers (start at your own pace)

There is a race cap of 10,500 participants for Birkie, Korte, and Prince Haakon races.

Registration will close when this cap is reached.

Embrace Your Inner Warrior! Registration Opens May 1, 2017

- 2018 Slumberland American Birkebeiner
- 2018 Kortelopet
- 2018 Prince Haakon
- 2018 BirkieTour
- 2018 Fat Bike Birkie

Mark Your Calendars! Register at www.Birkie.com

How the Grinch Stole the Birkie

"Imagine their disappointment," the Grinch said with glee. "I'll take away their race, I'll take the Birkie!"

"I'll steal their snow and their hills will be bare, there'll be thousands frowning from here and from there."

> "Their months of training, their travel plans set, I'll ruin their Birkie, they'll never forget."

"No snow will come. Just rain and ice. The hills will be brown. It will not be nice!"

"When they can't race they'll all yell and be mad. They'll stomp their feet and all be so sad!"

But Saturday came and an event did take place. There was skiing and joy, but not really a race.

"How could this be?!" The Grinch jeered from afar. "Why didn't they go home? They can't even ski far."

"How did they do this, there was not enough snow?!" the Grinch thought with a frown, as the crowds they did grow."

But with bus after bus, and car after car, they came from near, and they came from far.

"Stop! Stop! Stop!" the Grinch yelled from Bitch Hill, his voice drowned out by all the good will.

> "What are they thinking, why all the joy?" The music and laughter began to annoy.

They skied and they danced throughout the day, they continued to laugh, they continued to play.

His head in his hands, he stared blankly ahead, even without snow the Birkie wasn't dead.

The Grinch merely glared with a scowl on his face. "But there's hardly any snow...it's not even a race."

The Grinch he just stood, puzzling and puzzling. The Birkie came without cowbells, it came without bibs

it even came without waves, imagine, it did. He puzzled and puzzled 'till his puzzler was sore. Then the Grinch thought of something he hadn't before.



"What if the Birkie, he thought, doesn't come from a race. What if it comes from a completely different place?"

"Perhaps it's a fever down deep in your heart that deeply and truly sets the Birkie apart?"

"Birkie Fever is not about kilometers, timing, and things, Birkie fever is about the people and the joy it brings."

His heart skipped three beats, one time for each race, and then began beating at a good workout pace.

Said the Grinch to himself, "I think now I see why the Birkie's so loved, why the Birkie's so keen. It isn't something to be stolen away, it's a feeling, a being, like nothing I've seen..."

"I too will have Birkie Fever in 2018!"

An adaptation of How the Grinch Stole Christmas, the beloved children's tale by Dr. Seuss, with compiled submissions by Steve Cannon and Anne Elspethe. Thank you for your contributions!

The Nearly Million Dollar Question... Why Can't Race Fees be Refunded?

We think you'll agree that the Birkie is an incredibly special experience. Along with the safety of our participants, an exceptional event and race experience for all is our primary goal.

Well before the start gates are lifted on race morning, the tent vendors, Porta Potty providers, bib and medal suppliers, independent contractors, and a myriad of other parties, are prepaid. The staging of an event the magnitude of Birkie Week takes months and months of planning and results in substantial expense prior to the actual events taking place.

As you can imagine, it takes our vendors months of planning to prepare for Birkie Week, too. When it comes right down to it, in the event of a forced cancellation, as was the case in 2017, the financial impact is not much different than if the events were held without compromise.

With that in mind, here is a snapshot of expenses* from snowy Birkie Week 2016 as compared to Birkie Week 2017.

	C. P. a.E. Constanting States	
	2016	2017
ЕхроЕхро	\$64,180	\$59,201
Tents	\$54,630	\$52,829
Barnebirkie, Junior Birkie, Barkie Birkie	\$18,083	\$21,954
Volunteers	\$39,813	\$38,022
Skiers Medals, Pins, Gifts, Awards	\$83,634	\$83,437
Bibs & Bags	\$60,242	\$73,068
Fencing & Barricades	\$21,686	\$17,987
Porta Potty	\$16,897	\$13,014
Sound, Announcing, Photography	\$35,900	\$34,720
Communications & Signs	\$11,930	\$17,187
Registration & Processing	\$15,351	\$17,578
Credit Card Processing & PayPal	\$23,069	\$31,325
Timing		\$68,027
Medical & Police	\$39,993	\$33,693
Insurance, Private Property Access & Permits	\$30,140	\$29,962
Busing	\$33,973	\$19,123
Event Operations Labor		\$122,000
Plowing and Snow Transport	\$48,700	\$28,329
Food Stations		\$51,253
Trail Expense		\$41,568
	\$853,168	\$854,277

*This reflects only those expenses paid, to date, for 2017 and the equivalent expenses for the same cost centers in 2016. Overall race expenses will ultimately exceed one-million dollars, as they did for Birkie 2016.

Barkie Birkie Canicross



















Slumberland American Birkebeiner

Barnebirkie Adventure Run



Ski. Run. Bike. Live!

Junior Birkie Run





































Slumberland American Birkebeiner

18

BirkieFest 2017



BirkieFest 2017



BirkieFest 2017



































Ski. Run. Bike. Live!

Fast & Female







Slumberland American Birkebeiner

Amazing Birkie Volunteers!





















Ski. Run. Bike. Live!

Thank You Volunteers!

Simply put, the Birkie has the most amazing and dedicated volunteers you'll ever find. As Birkie Week participants were anxiously waiting to see what Mother Nature had in store, so were our hardworking volunteers. As plans changed, our volunteer posse nimbly navigated their way to wherever they were needed the most. Once again, they welcomed the world to northern Wisconsin with their own unique version of Birkie Fever. It is with deepest gratitude and appreciation that the staff and board of the ABSF thank our wonderful, amazing, enthusiastic Birkie Volunteers. There is no question about it...we couldn't do it without you.



Thank You!

Birkie Volunteer of the Year 2017 – Carl Kozak

Carl is a dedicated volunteer who helps out whenever or wherever help is needed. Over the years, Carl has served in numerous roles, including as a Volunteer Starter (a/k/a Forerunner) and a Trail Ambassador. From helping out at Lost & Found, greeting skiers at the information booth at the Expo, or helping to shovel snow onto the trail, Carl is there to help, with a smile, a kind word, and an amazing work ethic. We thank Carl for his hard work and ongoing dedication to the ABSF, the Birkie Trail, and Birkie events all year-round.

6 I feel so humbled, yet excited, for my new Trek bike! I have over 10,000 miles on my old one! ??

–Carl Kozak

Carl was recognized as the Volunteer of the Year for 2017 at the Volunteer Appreciation Party, which is sponsored by Timber Ford of Hayward and the Hayward Area Memorial Hospital & Waters Edge. This year an estimated 350 volunteers took part in the Appreciation Party on Sunday, February 26th at The Steakhouse in Hayward. All volunteers were gifted Birkie apparel to help show off their Birkie Fever.

As part of the recognition of being Volunteer of the Year, Carl received a Trek Bike (Road, Mountain or recreational) up to a \$1,000 value.

With Special Thanks to Trek Bicycles for the generous bike donation, Riverbook Ski & Bike for the assistance and sizing of the bike, and Timber Ford of Hayward for their year-round support and sponsorship of all Volunteers of the Birkie events. We are grateful!



Any Birkie volunteer can be nominated for Volunteer of the Year. The Volunteer of the Month program is designed to recognize a volunteer for their efforts and dedication in assisting the American Birkebeiner with its events, year-round. If you are a Birkie volunteer, a Race Chief, a participant, or a member of the community and you know of a Birkie Volunteer worthy of this nomination, please fill out and submit the application at www.birkie.com/volunteer.



Carl Kozak, Volunteer of the Year, with his new Trek bike, with Ronda Tworek, ABSF Volunteer Services; and Amy & Curt Beilke, Timber Ford of Hayward.

Fat Bike Birkie





































Ski. Run. Bike. Live!

Fat Bike Birkie



Slumberland American Birkebeiner

Big! Fat! Fun! Fat Bike Birkie 2017! Wakeley & Schneeberger Take Top Honors



It was a brisk morning under a bluebird sky at the American Birkebeiner Trailhead as riders rolled their way through the north woods of Wisconsin in the 5th annual 45NRTH Fat Bike Birkie, the world's largest fat bike race.

Riders tested their skill on the legendary hills and trails in and around the American Birkebeiner Trailhead just east of Cable, Wisconsin.

The 2017 Fat Bike Birkie included the Big Fat (49K) and the Chico (20K) races. With competitors riding from 18 states, and 2 countries, the field was comprised of first time Fat Bike Birkie riders, as well as seasoned racers making their fifth appearance at the event.

This year's Big Fat winner in the men's category was no stranger to the podium, Jorden Wakeley of Grayling, MI, was the Fat Bike Birkie champion in 2013, while third place finisher, Will Ross, Anchorage Alaska, took first place in the 2016 Fat Bike Birkie.

Women's Big Fat winner, Leia Schneeberger, Madison, WI, placed sixth in the 2016 Fat Bike Birkie. Kaitlin Antonneau, Colorado Springs, CO, second place winner, is a pro-rider for Cannondale. Ami Stuart, Park City, UT, and third place winner in the Big Fat race, is the 2017 National Fat Bike Champion Ski. Run. Bike. Live!

and rides for Pivot Cycles.

With unseasonably warm weather leading up to the event, the race course was moved from the originally planned route to an alternate looped course adjoining the Birkie Trail. The race consisted of a 1.8kilometer roll-out, followed by a 9.4k looped course through the beautiful north woods. The Big Fat (49K) race riders completed 5 laps on the course, with the Chico (20K) riders completing 2 laps.

The fun began on Friday with the criterium races and Fat Bike Birkie Expo. On Saturday, post-race, riders celebrated in

The Big Fat:		
• Men		
1. Jorden Wakeley	Grayling, MI	2:05:09
2. Peter Olejniczak	Minneapolis, MN	2:05:12
3. Will Ross	Anchorage, AK	2:05:13
Women		
1. Leia Schneeberger	Madison, WI	2:33:39
2. Kaitlin Antonneau	Colorado Springs, CO	2:34:52
3. Ami Stuart	Park City, UT	2:39:53
The Chico		
• Men		
1. Adam Altmann	Chippewa Falls, WI	55:58
2. Pavel Nelson	Cameron, WI	59:13
3. Thomas Meyer	Hayward, WI	59:38
Women		
1. Michelle Flanagan-Haag	Hayward, WI	1:09:09
2. Margaret Riley	Cross Plains, WI	1:20:13
3. Sara Conrad	Minneapolis, MN	1:20:22



the Great Hall with sizzlin' fajitas, sangria soup, and, of course, Birkie Brew-Ski on tap. Outside, with music as their accompaniment, riders tested out the latest fat bikes and enjoyed hanging with friends while warming near one of several blazing fire rings. It was a chill day all the way around.

Wisconsin consistently ranks as one of America's best places to bike and Northern Wisconsin is fast-becoming a destination hot spot for fat bike riders. It's no wonder as Wisconsin boasts more than one thousand miles of great off-road bicycling opportunities throughout the state, available by season, and offers riders a wide variety of experiences and terrains. Fat bikes have extended the biking season and added a whole new twist for winter adventurers.

We are grateful to this year's participants, to the many volunteers, and to our Fat Bike Birkie sponsors: Title Sponsor - 45NRTH, Presenting Sponsor -FreeWheel Bike; Salsa, Surly, 9:ZERO:7; HED.; iSSi; Northern Lakes Cooperative Corner Deli; Clif; GU; nuun hydration; Borah Teamwear; Framed Bikes; TREK; Wildcat Groomers; Hayward Coffee Co.; BeFast Sportgear; Dirt Bicycle Components; BEMER Group; MAXXIS; MAGURA; velofix.



2017 FAT BIKE BIRKIE BIG FAT RESULTS



Results by PrimeTime Timing

		-					nes	uus	by Frin	ie i m	ie 1 imi	ıg							
OVERA	LL FINISH Time	BIB #	NAME	CITY	STATE	NAT	CLASS		GENDER PLACE	OVERA PLACE	ALL FINISH TIME	BIB #	NAME	CITY	STATE	NAT			GENDE
10	2:09:15.72		ACKER, MATT	GRAND RAPIDS	MI	USA	M 30-39	4	10	267	3:42:20.72		HANSON, ASHLEY	SAVAGE	MN	USA	F 30-39	13	27
69 814	2:42:23.71 4:14:05.48		ADAMS, KENT	CABLE WI HAYWARD	WI	USA USA	M 50-59 M 50-59		65 280	268 226			HANSON, JOSH HARDRATH, NICHOLAS	IOWA FALLS SHOREWOOD	IA WI		M 40-49 M 30-39		241 204
			ALEXANDER, ERIC	ST. LOUIS PARK	MN		M 30-39		245	220			HARRIS, MARK	NORTHBROOK	IL		M 40-49		187
2	2:20:54.32	26	ALEXANDER, GREG	ST. LOUIS PARK	MN	USA	M 18-29	5	22	42	2:30:23.73	2138	HARRIS, RYAN	TRAVERSE CITY	MI	USA	M 18-29	10	42
			ANDERSON, CHARLES ANFANG, JAKE	BLAINE CHANHASSEN	MN		M 40-49 M 40-49		192 237	193 111			HASTINGS, REGGIE HATCHER, JUSTIN	NORTH LIBERTY HAYWARD	IA WI		M 50-59 M 30-39		176 102
247	3:31:37.17	4009	ANTONNEAU, JON	RACINE	WI	USA	M 50-59	43	223	67	2:42:02.86	2044	HATHAWAY, ERIC	MINNEAPOLIS	MN	USA	M 30-39	24	63
51	2:34:51.56 3:12:51.66	2	ANTONNEAU, KAITLIN ANTONSON, DAVE	COLORADO SPRINGS	CO MN	USA USA	F 18-29 M 30-39	2	2 172	160			HAWKINS, RODNEY	NEW RICHMOND	WI		M 40-49		148
189 138	2:59:21.41			DULUTH CEDARBURG	WI	USA	M 50-59		128	134 159	2:58:44.89 3:03:35.60		HEADLEE, BRIAN HENDRICKSON, ERIK	NEW RICHMOND TWO RIVERS	WI		M 40-49 M 40-49		124 147
186			BACSO, ELEANOR	DULUTH	MN	USA	F 18-29	4	17	185	3:11:24.29		HIBBARD, TRAVIS	ROSEMOUNT	MN		M 30-39		169
153 26			BACSO, MASON BALDEN, JASON	DULUTH HALES CORNERS	MN WI	USA	M 18-29 M 40-49		142 26	285 31	2:25:37.29		HOLCOMB, JON HOLZEM, NICHOLAS	PLYMOUTH WEST ALLIS	WI		M 50-59 M 30-39	50 15	256 31
			BALTUS, PAUL	JANESVILLE	WI		M 40-49		277	170			HOOLEY, MARK	SAINT PAUL	MN		M 50-59		155
			BANGART, TRAVIS BASKEN, JOHN	MILWAUKEE NEENAH	WI	USA USA	M 18-29 M 50-59		253 287	6 248	2:07:22.05 3:32:22.28		HOUSE, COLE HUFF, ERIC	ONEIDA SHEBOYGAN	WI		M 18-29 M 50-59	1 44	6
522 74			BELZ, ROB	AFTON	MN		M 50-59		70	240			HUGHES, JAMES	MADISON	WI		M 60-69		224 213
			BENZO, ROBERTO	ROCHESTER	MN		M 50-59		263	253			HUTCHINS, LUKE	MADISON	WI		M 30-39		228
	2:53:01.16 3:26:56.44		BIENES, ALEJANDRO BIERSCHENK, BLAINE	MIAMI DES MOINES	FL	USA USA	M 40-49 M 18-29		96 210	121 209	2:56:42.90 3:20:18.00		INGRAM, JEFFREY INGRAM, TIMOTHY	MINNETONKA PLATTEVILLE	MN WI		M 60-69 M 50-59	4 39	111 190
73	2:42:39.02		BINKOWSKI, MIKE	SAVAGE	MN	USA	M 50-59		69	15	2:14:29.30	47	ISHAUG, KEVIN	BLOOMINGTON	MN		M 40-49	3	15
			BIRKEL, BRAD	MIDDLETON	WI	USA	M 30-39		154	95			IVERSON, AL	HAMPTON	MN			1	89
			BLAIR, BRUCE BLASKOWSKI, JAMES	HUDSON OSHKOSH	WI		M 50-59 M 40-49		158 227	93 48			IVERSON, CHRIS JANICKI, SAM	HUDSON MOUND	WI MN		M 50-59 M 30-39		87 48
107	2:53:10.57	4029	BOIVIN, DAVID	MIDDLETON	WI	USA	M 18-29	18	98	246	3:31:36.81	4151	JASPERSON, BRYAN	DULUTH	MN	USA	M 18-29	24	222
234 30			BOIVIN, ELIZABETH BOSMAN, MATTHEW	MIDDLETON MINNETONKA	MN	USA	F 18-29 M 30-39	5 14	23 30	245 196			JASPERSON, JEFF JONES, STEVE	DULUTH TONKA BAY	MN WI		M 30-39 M 50-59		221 179
			BRAATEN, RANDY	DULUTH	MN	USA	M 40-49		254	119			KAMM, HUNTER	PLYMOUTH	MN		M 18-29	19	109
	3:32:53.96			MACHESNEY PARK	IL	USA	F 30-39	12	25	214	3:20:49.34	3043	KAPAUN, STEVE	HUDSON	WI		M 60-69	8	193
24 91	2:23:09.81 2:47:07.42	27 2015	BRANDVOLD, TIM BRENDAL, RANDY	MINNEAPOLIS WASECA	MN	USA	M 40-49 M 40-49		24 85	208 228			KELZER, JOE KERN, STEPHEN G	NEW RICHMOND CHAMPLIN	MN	USA USA	M 40-49 M 60-69	59 12	189 206
66	2:41:18.60	2016	BROWN, SCOTT	MINNEAPOLIS	MN	USA	M 40-49	15	62	213	3:20:46.61	3045	KETTLER, ANDREA	ANCHORAGE	AK	USA	F 30-39	10	21
317 5	4:18:34.53 2:06:18.78		BROWN, TODD BROWN, TRAVIS	CEDAR RAPIDS DURANGO	IA CO		M 50-59 M 40-49		283	125 269			KETTLER, CHASE KLINGELHOETS, MARK	FITCHBURG LONG LAKE	WI MN		M 30-39 M 60-69	38	115 242
			BRUMBAUGH, MIKE	ROSEVILLE	MN		M 50-59		5 165	199			KOEHLER, CHAD	CHASKA	MN			15 55	182
			BRUNHOLZL, CHRIS	ROCHESTER	MN	USA	M 40-49		219	92	2:47:17.69		KRATZ, WIL	MINNEAPOLIS	MN		M 30-39	30	86
			BRUNNER, ALLEN BRUNS, MICAH	WEST ALLIS OSCEOLA	WI	USA	M 50-59 M 18-29		126 157	78 36	2:43:24.25 2:27:35.31	2059 49	KREMER, JUSTIN KRONSER, COREY	MINNEAPOLIS OREGON	MN WI		M 30-39 M 18-29	26 8	74 36
8	2:08:06.58	29	BUDD, MIKE	WRIGHTSTOWN	WI	USA	M 40-49	2	8	88	2:46:06.26	3046	KUHFUSS, CRAIG	SHEBOYGAN	WI	USA	M 40-49	20	82
71 29	2:42:24.46 2:24:41.99	2017 30	BUDZINSKI, CHRISTIAN BURG, CHRIS	STEVENS POINT LAKE ELMO	MN	USA	M 40-49 M 40-49		67 29	145 13	3:01:05.36 2:13:23.99	4180 50	KUNSTMAN, WALLY LALONDE, MARK	SHEBOYGAN CHASKA	MN		M 30-39 M 30-39	44 6	135 13
			BURNS, BRIAN	NEW RICHMOND	WI	USA	M 40-49		104	56			LAMERE, JP	MINNEAPOLIS	MN			-	54
40			BURTON, COREY	ROBERTS	WI		M 40-49		40	207			LEGEIN, ZACH	MINNEAPOLIS			M 40-49		188
			CARLSON, PHIL CATLIN, MARK	ST. PAUL ARDEN HILLS	MN		M 30-39 M 60-69		93 108	241 311			LENDWAY, LISA LEONARD-SCHNEC, SHERYL	ST. PAUL WAUWATOSA	MN WI	USA	F 30-39 F 50-59	11 8	24 33
220	3:22:39.02	4051	CHABOT, DAVID	OWATONNA	MN	USA	M 40-49	64	199	256	3:36:11.33	4190	LINDELL, W. SCOTT	SARTELL	MN	USA	M 40-49	74	231
			CHAPWESK, SHANNON	JOHNSBURG	IL MN		M 40-49		123	103			LOBERGER, WADE	OSHKOSH	WI		M 40-49		94
			CHASTEK, BENJAMIN CHOVAN, BRAD	ST. PAUL CHIPPEWA FALLS	WI	USA USA	M 30-39 M 40-49		236 131	18 183	2:15:20.97 3:10:45.29		LONG, NATHAN LOPEZ CISNEROS, JUAN	EAU CLAIRE MADISON	WI		M 30-39 M 30-39	9 53	18 167
108	2:53:22.94	4057	CHRITZ, DON	RIDOTT	IL	USA	M 50-59	17	99	235	3:28:03.00	4193	LORENZ, ROBBIE	WHITE BEAR LAKE	MN	USA	M 30-39	65	212
263 53			CLARK, BOB CLARKMAN, JOSHUA	KANSAS CITY MINNEAPOLIS	M0 MN	USA	M 18-29 M 30-39		238 51	147 79			LOUIS, TIMOTHY LUCE, ANDREW	PHOENIX BLOOMINGTON	AZ MN		M 50-59 M 50-59		137 75
			CLAUSEN, TED	MINNEAPOLIS	MN		M 30-39		161	142			MACIOSEK, NICHOLAS	HUDSON	WI		M 30-39	42	132
55			CLEARY, RICK	RIVER FALLS	WI		M 50-59		53	34			MAINGUY, DAVID	MINNEAPOLIS	MN		M 50-59	2	34
258 39	2:28:56.14		COFFEN, FRANK COLBERT, JEFF	MINOCQUA CAMBRIDGE	MN	USA	M 30-39 M 40-49		233 39	179 313	4:13:23.38		MALONE, RYAN MANEY, JACQUELINE	ELK GROVE VILLAGE CEDAR FALLS	IL	USA	M 40-49 F 30-39	52 15	163 34
168	3:06:41.96	3015	CONRAD, MEGHAN	CHASKA	MN	USA	F 30-39	7	15	25	2:23:21.38	52	MANEY, MICHAEL	CEDAR FALLS	IA	USA	M 30-39	11	25
	4:58:53.10		CONROY, DENNIS CONVEY, KEVIN	HAYFIELD SUGAR GROVE	MN IL	USA	M 50-59 M 50-59		288 248	116 305	2:55:27.61 4:08:04.98		MANN, AMANDA MANN, DARRIN	WAUPACA WAUPACA	WI	USA USA	F 30-39 M 40-49	4 86	10 273
	3:32:45.07		COURTNEY, WADE	OSWEGO	IL	USA	M 30-39		225	99			MARSDEN, CHRIS	MINNEAPOLIS	MN		M 40-49		92
	3:13:09.23			MINNETONKA	MN	USA	M 40-49		174	44	2:32:22.69	53	MARSH, DUSTIN	EAU CLAIRE	WI		M 18-29	11	44
			CRAWFORD, WILLIAM CZECHANSKI, ANDREW	CRYSTAL LAKE NEENAH	WI	USA	M 60-69 M 30-39		203 181	164 300			MARTINDALE, JILL MATHEWS, KIMBERLY	GRAND RAPIDS SPARTA	MI	USA	F 18-29 F 50-59	2	13 31
82	2:44:45.85	2025	DALBERG, TODD	MINNEAPOLIS	MN	USA	M 30-39	28	78	114	2:55:17.34	4202	MATTSON, CHRIS	RICHFIELD	MN	USA	M 30-39	34	105
273 45			DARLING, NATHANIEL DAVIS, GARRETT	SHEBOYGAN FALLS MINNEAPOLIS	MN		M 18-29 M 30-39		246 45	307 308			MAYS, SCOTT MCBRIDE, JEREMY	MINNEAPOLIS THUNDER BAY	MN ON		M 40-49 M 40-49		275 276
230			DAVISSON, NATHIN	BELOIT	WI	USA	M 40-49		208	282			MCDONALD, SUE	EAU CLAIRE	WI	USA	F 40-49	3	29
			DEVENDORF, CORDELL	MINNEAPOLIS	MN	USA	M 30-39		284	156			MCKILLIP, ROB	CEDAR RAPIDS	IA		M 50-59		144
302 132			DILLETT, TOM DILLIS, MIKE	MUSKEGO MT. HOREB	WI	USA USA	M 40-49 M 50-59	85 21	270 122	80 90	2:44:14.67 2:46:45.71		MCNALLAN, CHRIS MEALHOUSE, GREG	PLYMOUTH STILLWATER	MN MN	USA USA	M 18-29 M 50-59	17 15	76 84
216	3:21:27.83	4084	DOLABELLA, RENAN	MIAMI	FL	USA	M 18-29	22	195	301	4:06:00.26	4210	MEIER, JENNIFER	OCONOMOWOC	WI	USA	F 50-59	7	32
33 171			DOLAN, BRENDAN DONLEY, BRIAN	MINNEAPOLIS MADISON	MN WI		M 30-39 M 50-59		79 156	41 54	2:30:18.24 2:37:17.92		MEISER, JOSEPH MENK, BENJAMIN	BLOOMINGTON HAYWARD	MN WI	USA USA	M 30-39 M 30-39		41 52
287	3:58:16.63	4085	DOWNS, MATTHEW	OSHKOSH	WI	USA	M 40-49	83	258	129	2:58:24.27	2078	MEYER, DAN	PLYMOUTH	WI	USA	M 50-59		119
85 244			DUGGAN, ROB DURIAN, GARY	ST. LOUIS PARK WEST BEND	MN	USA USA	M 40-49 M 50-59		35 220	84 112	2:44:57.07		MEYER, JULIE MILLNER, CHAD	HAYWARD CHANHASSEN	WI MN	USA USA	F 50-59 M 40-49	1	5
	3:31:25.73 2:57:30.39		ECKEL, DAVE	TREVOR	WI	USA	M 50-59		112	112 148	2:54:20.82 3:01:25.30		MINI, ROBERT	STODDARD	WI		M 30-39		103 138
20	2:17:12.18	36	ECKERT, SETH	OREGON	WI	USA	M 30-39	10	20	315	4:14:11.68	4215	MINOR, SHAWN	LUCK	WI	USA	M 40-49	91	281
	2:28:42.27		ELLIS, PATRICK EMME, PETE	HUDSON ST. NAZIANZ	WI	USA USA	M 30-39 M 40-49		38 101	257 104	3:37:03.48 2:52:47.61		MISTARK, JAMES MONTOYA, JOSE	MARINETTE MACHESNEY PARK	WI	USA USA	M 60-69 M 40-49		232 95
286	3:57:45.02	4096	ENLOE, ZANE	CHICAGO	IL	USA	M 30-39	77	257	184	3:10:50.15	4221	MORSE, DUWAYNE	WHITE BEAR LAKE	MN	USA	M 50-59	33	168
			EVJEN, CAMERON	MINNEAPOLIS	MN	USA	M 30-39	52	166	276	3:48:29.62	4224	MUELLER, JAC	WAUKESHA	WI	USA	F 50-59	5	28
			FIELDS, GREG FLYNN, MARTHA	GOLDEN VALLEY ST. PAUL	MN MN	USA USA	M 50-59 F 50-59	41 4	216 26	135 229			MULLIN, BENJAMIN MUNDISEV, ZORAN	LINDSTROM ELDRIDGE	MN IA		M 30-39 M 30-39		125 207
7	2:15:00.42	41	FOSLER, BRYAN	MADISON	WI	USA	M 18-29	3	17	264	3:40:38.18	4228	MURPHY, DEREK	MENASHA	WI	USA	M 30-39	74	239
			FRANCOIS, SAMUEL FRANZ, KYLE	SARTELL CHANHASSEN	MN MN	USA USA	M 40-49 M 18-29		150 64	240 165			MYERS, ALAN MYRUM, JEREMY	APPLETON ST. LOUIS PARK	MN		M 30-39 M 30-39		217 152
	3:12:08.52	4109	FRIED, BRIAN	MINOCQUA	WI	USA	M 50-59	34	170	33	2:25:47.96	2084	MYSLIVECEK, GRIFFIN	BLOOMINGTON	MN	USA	M 18-29	49	33
7	2:46:04.32	2036	FROELICH, PETER	SHOREWOOD	WI	USA	M 40-49	19	81	46	2:33:29.44	2085	NAEF, KEN	GREEN BAY	WI	USA	M 50-59	4	46
	3:26:50.71 3:35:48.30		GABRIELSE, TIMOTHY GALLAGHER, TIM	SHEBOYGAN AURORA	WI IL	USA	M 40-49 M 40-49	68 73	209 230	154 294	3:02:25.95 4:01:44.74	12 4232	NAVARRO, KRISTINA NEUMANN, TIM	MCFARLAND MINNEAPOLIS	MN	USA	F 30-39 M 18-29	6 29	12 264
304	4:07:44.06	4113	GAMM, DAVE	APPLETON	WI	USA	M 50-59	54	230	280	3:52:14.26	3062	NIDERSSON, BRAD	STILLWATER	MN	USA	M 40-49		252
72	2:42:36.23	42	GANJU, SANJAY	NEW BERLIN	WI	USA	M 40-49	18	68	43	2:30:53.22	2086	NIELSEN, JACK	MOUNT PLEASANT	WI	USA	M 50-59	3	43
224 27			GEHRKE, DENNIS GESHEL, BRIAN	WEST BEND MARQUETTE	MI		M 40-49 M 30-39		202 27	146 144	3:01:06.48 3:00:48.97		NIXON, DOUGLAS NOLAN, JOSEPH	MINNETONKA RHINELANDER	MN WI		M 40-49 M 30-39		136 134
201	3:16:21.94	4117	GLAESER, BRIAN	SOMERSET	WI	USA	M 30-39	60	184	177	3:09:38.68	4235	NORDAHL, EMILY	NEENAH	WI	USA	F 18-29	3	16
			GRAVELLE, JOSEPH GRAV	COTTAGE GROVE	MN	USA	M 30-39		285	60	2:40:01.21	4236	NORDAHL, MITCHEL	NEENAH	WI		M 18-29		57
	3:22:55.11 3:17:33.72		GRUNDIN, ERIC GUENTHER, JAN	RICE LAKE LONG LAKE	MN	USA	M 60-69 F 50-59	10 3	201 19	86 260	2:46:02.26 3:38:12.06		ODONNELL, JIM OHEARN, JAMES	ST. LOUIS PARK BAXTER	MN MN	USA USA	M 50-59 M 50-59	13 47	80 235
	3:37:35.50	4126	GUSTAFSON, CRAIG	BLOOMINGTON	MN	USA	M 50-59	46	234	2	2:05:12.24	55	OLEJNICZAK, PETER	MINNEAPOLIS	MN	USA	M 18-29	2	2
	0.00.47 45	43	HACKER, TIM	MADISON	WI	USA	M 50-59		23	14	2:14:26.44		OLEK, THOMAS	ROBERTS	WI		M 30-39	7	14
3 '5	2:22:47.45		HACKER, WILSON	MADISON	WI	USA	M 18-29	15	71	321			OLSON, ERIC	LUCK	WI	110 4	M 40-49	92	286



2017 FAT BIKE BIRKIE BIG FAT RESULTS



Results by PrimeTime Timing

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OVERA PLACE	LL FINISH Time	BIB #	NAME	CITY	STATE	NAT	CLASS		GENDER PLACE	OVERA PLACE	LL FINISH Time	BIB #	NAME	CITY	STATE	NAT	CLASS		GENDER PLACE
163		2092	ORLIKOWSKI, JOHN	MIDDLETON	WI		M 30-39		151	223		4304	SHELP, MICHELLE	MAPLE PLAIN	MN	USA	F 40-49	2	22
178	3:09:46.11		ORLIKOWSKI, ROBERT	GLEN ELLYN	IL		M 40-49		162	190			SIEDSCHLAG, JEFF	LAKE MILLS	WI		M 30-39		173
58			OWENS, MICHAEL	WAUWATOSA	WI		M 50-59		56	32	2:25:40.27		SIMULA, EVAN	MARQUETTE	MI				32
149	3:01:26.08	3069	PAETZNICK, RYAN	ROSEMOUNT	MN	USA	M 40-49	42	139	96	2:47:59.97	2114	SKINNER, TIM	FITCHBURG	WI	USA	M 40-49	23	90
202	3:16:58.39	4242	PAEZ, KIMBERLY	MIAMI	FL	USA	F 30-39	8	18	291	3:59:10.57	4310	SLATES MORTIME, SHANNON	WEST ALLIS	WI	USA	F 30-39	14	30
203	3:16:58.71	4244	PALACIOS, ANGEL	MIAMI	FL	USA	M 30-39	61	185	70	2:42:24.23	4311	SLIMMER, MIKE	SHEBOYGAN	WI	USA	M 40-49	16	66
233			PAULSEN, ERIK	EXCELSIOR	MN		M 40-49		211	50	2:34:36.98		SMITH, BENNY	MILWAUKEE	WI		M 40-49		49
218	3:22:00.51	4247	PEDERSON, LUKE	CHIPPEWA FALLS	WI		M 40-49		197	123	2:57:36.00	2115	SOBOTA, KYLE	SHAKOPEE	MN		M 30-39		113
155			PEREZ, VIC	WOODSTOCK	IL		M 40-49		143	205	3:18:35.19			PILLAGER	MN		M 40-49		186
174			PETERSEN, PAUL	MINNEAPOLIS	MN		M 40-49		159	152	3:01:35.87	24	SOLADAY, THOMAS	MINNETONKA	MN		M 30-39		141
298			PFORR, JAMES	MADISON	WI		M 30-39		268	158			SPENCER, PETER	CHASKA	MN		M 40-49		146
284			PICK, JARED	PLATTEVILLE	WI		M 18-29		255	161			STAHLKOPF, MARK	PLYMOUTH	WI		M 40-49		149
210			PIEPER, STEVE	ROCHESTER			M 40-49		191	274			STANCIC, ZORAN	ONALASKA	WI		M 50-59		247
12			PIONTEK, JUSTIN	FITCHBURG	WI		M 18-29		12	188			STANEK, ED	AFTON	MN		M 50-59		171
61			PIRIUS, ERIC	MINNETONKA	MN		M 40-49		58	4	2:05:16.92		STELLJES, COREY	MADISON	WI		M 30-39		4
197			PITTS, JEFF	SHEBOYGAN	WI		M 40-49		180		2:08:20.91		STEVENS, CHRIS	BIG RING FLYERS	WI		M 30-39		9
85	2:45:52.07		POND, SONIA	ST. LOUIS PARK		USA	F 18-29	1	6	21			STOCKER, STEVE	RIVER FALLS	WI		M 40-49		21
296			POTTER, ALAN PRAMANN, DAVID	WARRENS BURNSVILLE	WI		M 50-59 M 50-59		266 130	238			STOFFREGAN, BRETT	CROSS PLAINS	MN	USA	M 30-39 F 30-39		215
140					MN		M 30-39		16	102 215			STRATE, CHELSEA	RICHFIELD	MN		F 30-39 M 40-49	3	9 194
16 290			PUZAK, THOMAS RAUCKMAN, JEREME	MINNETONKA EAU CLAIRE	WI		M 40-49		261	59	2:39:53.17	3104	STROM, RYAN STUART, AMI	ST. PAUL PARK CITY	UT	USA	F 30-39	62 3	3
151			REGNER, JOSH	WAUKESHA	WI		M 30-39		140	7	2:07:24.75		STUART, CHRIS	PARK CITY	UT	USA			7
310			REINKE, DERRICK	JANESVILLE	WI		M 40-49		278	251			STUCKART, KEN	FRANKLIN	WI		M 40-49		226
63			RENTERIA, MARIO	MIAMI	FL		M 18-29		60	11			SWANSON, DAVID	HARVARD	IL		M 30-39		11
106			RESCIGNO, JOHN	THUNDER BAY	ON		M 30-39		97	47			SWIFT, TIMOTHY	HAYWARD	WI		M 50-59		47
219			REYERSON, SPINNER	PLATTEVILLE	WI		M 30-39		198	131			SYLVESTER, MATT	MINNEAPOLIS	MN		M 40-49		121
266			RICE, SCOTT	PLATTE CITY	MO		M 40-49		240	127			TESCH. CURTIS	WASECA	MN				117
180	3:10:21.69			SHEBOYGAN	WI		M 60-69		164	217			TRACY, STEVE	MAPLE GROVE	MN		M 50-59		196
89			RILEY, JOHN	CROSS PLAINS	WI		M 50-59		83	299	4:04:23.41			INVER GROVE HEIGHT			M 30-39		269
143			RINGOLD, TOM	MINNETONKA			M 50-59		133	292			TSEFFOS, NICK	APPLETON	WI		M 60-69		262
139			ROPPOLO, DON	PLEASANT PRAIRIE	WI		M 40-49		129	124			VAN HOVEN, CHRIS	MINNETONKA	MN		M 30-39		114
97	2:48:05.83	7	ROSS, CHRISTINA	CHASKA	MN	USA	F 30-39	2	7	65	2:40:45.70			PLANO	IL	USA			61
3	2:05:13.31	15	ROSS, WILL	ANCHORAGE	AK	USA	M 18-29	3	3	150	3:01:28.06	4349	WADE, KRISTEN	PLANO	IL	USA	F 30-39	5	11
77	2:43:05.08	2104	ROSSOW, DAVID	GREEN BAY	WI	USA	M 18-29	16	73	1	2:05:09.49	20	WAKELEY, JORDEN	GRAYLING	MI	USA	M 18-29	1	1
254	3:35:04.74	3082	ROWE, FRANK	PLYMOUTH	MN	USA	M 50-59	45	229	76	2:42:54.03	2129	WATERCOTT, MIKE	MINNEAPOLIS	MN	USA	M 30-39	25	72
270	3:43:23.35	4279	ROZMAN, TIMOTHY	ROCHESTER	MN		M 30-39		243	117	2:55:30.91	2130	WEBER, KLAUS	EVANSTON	IL	USA	M 40-49	32	107
98	2:48:29.66	2105	SAHS, RANDAL	STURGEON BAY	WI		M 40-49		91	277	3:48:40.97	4350	WEBER, MARK	RICE LAKE	WI		M 40-49	78	249
126	2:58:00.53	2106	SALM, MARC	WINNECONNE	WI		M 40-49		116	319	4:32:48.93	4351	WEINBERG, KATIE	DRESSER	WI		F 18-29	6	35
312			SAMPSON, JOSHUA	MARSHFIELD	WI		M 30-39		279	167			WEISBROD, MARK	MINNEAPOLIS	MN		M 40-49		153
194			SANDEE, JEREMY	SHEBOYGAN	WI		M 30-39		177	37			WENTZ, NATHAN	MINNETONKA	MN		M 18-29		37
166			SAPIA, GINA	ROSEVILLE		USA	F 50-59	2	14	271			WHITE, DOUG	SHOREVIEW	MN		M 60-69		244
137			SAVA, SHAUN	MINNEAPOLIS			M 40-49		127	200			WICKENS, BRETT	MINNEAPOLIS	MN		M 30-39		183
175			SCHAPER, VINCENT	ST PAUL			M 50-59		160	288			WICKLUND, BRAD	KOHLER	WI		M 30-39		259
128			SCHEEL, BRYAN	GENOA CITY	WI		M 30-39		118	297			WIEST, MATHEW	WHITE BEAR LAKE	MN		M 18-29		267
130			SCHEEL, JARED	SAINT PAUL	MN		M 30-39		120	109			WILHELMSON, MARK	DULUTH	MN		M 60-69		100
295			SCHENCK, JESSE	FOX POINT	WI		M 30-39	80	265	52	2:35:03.12			MADISON	WI				50
237			SCHMIDT, JOHN	MINNEAPOLIS			M 70-79	- 1	214	94			WILLMAS, ROB	WEST BEND	WI		M 40-49		88
101			SCHMIDT-IVERSO, PATTI	LAKEVILLE	MI		F 40-49	1	8	316			WOLF, JEFFREY	OSCEOLA	WI		M 50-59		282
49	2:33:38.57		SCHNEEBERGER, LEIA	MADISON	WI	USA	F 30-39		1	57			WOLMAN, MARC	MADISON	WI		M 30-39		55
62 81			SCHNEIDER, JAY SCHNEIDER, RON	LAKELAND FREEPORT	MN		M 50-59 M 30-39		59 77	115 195			WOOD, LUKE WRIGHT, JERRY	ORONOCO HAYWARD	MN	USA	M 30-39 M 60-69		106 178
289			SCHNEIDER, KON	SHEBOYGAN FALLS	WI		M 30-39		260	278			YAHN, BRIAN	MARSHALL	WI		M 40-49		250
120			SCHOLTZ, BRAD	VERMILION			M 40-49		110	227			YORK, JASON	OCONOMOWOC	WI		M 40-49		205
303			SCHWARTZ, BOB	EAU CLAIRE	WI		M 50-59		271	64	2:40:23.87	9	ZAWADSKI, ANNA	ST PAUL	MN	USA	F 30-39	1	205
157			SCOTCH, MARK	PLOVER	WI		M 60-69		145	28	2:24:04.69		ZAWADSKI, ANNA ZAWADSKI, NICK	ST PAUL	MN		M 30-39		28
211	3:20:33.60		SCOTT, JENNY	GRAND RAPIDS	MI	USA	F 30-39	9	20	242	3:30:21.69		ZELUBOWSKI, JAMES	SAINT LOUIS PARK	MN		M 30-39		218
19	2:16:08.23		SELANDER, BJORN	HUDSON	WI		M 18-29	0	19	306			ZURCHER, NICK	DAVENPORT	IA		M 30-39		274
221			SELANDER, DAG	HUDSON	WI		M 60-69		200			.0.4				50.1			<u> </u>
						0.011		0	200										

2017 FAT BIKE BIRKIE CHICO RESULTS Results by PrimeTime Timing



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OVERAI Place	LL FINISH Time	BIB #	NAME	CITY	STATE	NAT	CLASS		GENDER PLACE	OVER/ PLACE	LL FINISH Time	BIB #	NAME	CITY	STATE	NAT	CLASS	CLASS	
	55:58.02		ALTMANN, ADAM	CHIPPEWA FALLS	WI	USA	M13-17	1	1	137	1:45:16.68	5082	ELLEFSON, DAVE	ROCHESTER			M 50-59		11
'4	1:30:12.92	5006	ANDERSON, MARK	CHAMPLIN	MN	USA	M 40-49	21	67	99	1:35:20.17	5083	ENDERSBE, BETH	CABLE			F 50-59		1
			ANGER, CHUCK	EAU CLAIRE	WI	USA	M 60-69	4	50	57			ESPARZA, JESSE	MOLINE			M 30-39		5
119	1:39:56.88	5009	ANOSZKO, TOM	VERONA	WI	USA	M 50-59	26	104	170	1:57:08.79	5086	FADNESS, PETE	HAYWARD	WI	USA	M 50-59	39	1
			ARNDT, PAUL	HAM LAKE			M 50-59		64	126	1:42:15.25	5087	FARR, MICHELLE	BARRINGTON	IL	USA	F 40-49	5	1
89	2:19:09.20	5011	ARROYO, LUIS	FOX POINT	WI	USA	M 40-49	47	156	58	1:25:23.80	5088	FERRELL, CHARLIE	MINNEAPOLIS	MN	USA	M 60-69	5	
;	1:00:55.10	5365	BABCOCK, HUNTER	CEDARBURG	WI	USA	M13-17	1	5	36	1:19:32.39	5091	FITZ, TOM	ASHLAND	WI	USA	M 50-59	8	
15	1:19:16.49	5017	BALDWIN, BUCK	SAINT CLOUD	MN	USA	M 30-39	8	34	12	1:09:09.03	5092	FLANAGAN-HAAG, MICHELLE	HAYWARD	WI	USA	F 50-59	1	
14	1:21:27.13	5026	BELL, JESSE	BUFFALO	MN	USA	M 50-59	10	40	95	1:34:03.64	5094	FORSMAN, NOAH	MINNEAPOLIS	MN	USA	M 18-29	4	
.9	1:23:49.78	5029	BENGEL, TOM	STPAUL	MN	USA	M 60-69	3	45	152	1:48:25.64	5095	FRANCZYK, ELIZABETH	MILWAUKEE	WI	USA	F 30-39	5	
4	1:26:21.40	5032	BERENS, NICK	HAYWARD	WI	USA	M 30-39	13	57	84	1:32:20.71	5096	FRUSHER, DANIEL	ROCHESTER	MN	USA	M 40-49	25	
44	1:46:53.58	5033	BERGERSON, KRISTIN	DULUTH	MN	USA	F 50-59	4	22	6	1:02:37.94	5099	GAIER, TOM	HAYWARD	WI	USA	M 50-59	1	
6	1:14:31.41	5034	BERGERSON, STEVE	DULUTH	MN	USA	M 50-59	3	25	40	1:20:24.87	5101	GARRETT, JOHN	HAYWARD	WI	USA	M 60-69	1	
9	1:33:36.46	5036	BERNS, STEVE	MINNEAPOLIS	MN	USA	M 40-49	26	80	180	2:04:11.30	5106	GROSS, AUSTIN	ELDRIDGE	IA	USA	M 30-39	33	
7	1:15:02.97	5039	BIGHAM, JUSTIN	CRYSTAL	MN	USA	M 30-39	7	26	96	1:34:04.03	5107	GUNDERSON, RYAN	EAU CLAIRE	WI	USA	M 40-49	29	
7	1:30:34.69	5041	BOGDANSKE, JOHN	LODI	WI	USA	M 50-59	16	70	29	1:15:36.71	5109	HAAG, MIKE	HAYWARD	WI	USA	M 50-59	5	
6	1:22:20.58	5043	BROWN, KYLE	ROUND LAKE BEACH	IL	USA	M 18-31	3	42	112	1:38:55.16	5113	HAMBLY, SCOTT	WHITE BEAR LAKE	MN	USA	M 60-69	10	
73	1:58:37.85	5046	CALCATERRA, CHASE	NAPERVILLE	IL	USA	M13-17	6	145	73	1:30:08.63	5116	HARRIS, MARK	EDINA	MN	USA	M 60-69	7	
76	1:59:31.18	5047	CALCATERRA, TONY STEVE	NAPERVILLE	IL	USA	M 40-49	42	147	24	1:13:34.14	5117	HARRISON, BILL	WOODBURY	MN	USA	M 40-49	10	
1	1:24:45.50	5048	CALLAS, BILL	STILLWATER	MN	USA	M 50-59	12	47	16	1:10:32.22	5120	HEDIN, CORY	MAPLE GROVE	MN	USA	M 40-49	6	
6	1:32:46.46	5052	CARTER, RICK	EXCELSIOR	MN	USA	M 50-59	18	79	22	1:13:24.06	5121	HEIDE, BEN	CHANNAHON	IL	USA	M 18-29	2	
3	1:09:30.89	5054	CERNOHOUS, JON	STILLWATER	MN	USA	M 40-49	3	12	107	1:37:42.09	5122	HEILMANN, JOSEPH	NEW PRAGUE	MN	USA	M 50-59	23	
85	2:09:47.48	5056	CHRISTENSON, DAVID	STILLWATER	MN	USA	M 40-49	44	152	45	1:21:52.36	5123	HEIN, DOUGLAS	WEST BEND	WI	USA	M 50-59	11	
86	2:09:47.63	5057	CHRISTENSON, JACK	STILLWATER	MN	USA	M13-17	7	153	33	1:18:23.11	5124	HENRY, DAVE	EDINA	MN	USA	M 50-59	7	
21	1:40:06.81	5058	CHRISTIANS, RICK	APPLETON	WI	USA	M 50-59	27	105	34	1:18:51.35	5128	HIETPAS, GRANT	STILLWATER	MN	USA	M13-17	3	
51	1:48:25.59	5059	CLEMENTS, SCOTT	BLOOMINGTON	MN	USA	M 50-59	34	129	18	1:12:24.29	5129	HIETPAS, GREGG	STILLWATER	MN	USA	M 40-49	8	
			COLLINS, ROBEERT	ARLINGTON HEIGHTS	IL	USA	M 50-59	31	122	32			HIETPAS, JACK	STILLWATER	WI	USA	M13-17	2	
9	1:20:21.68	5062	CONRAD, SARA	MINNEAPOLIS	MN	USA	F 30-39	3	3	178	2:01:28.37	5133	HOLLIDAY-WELSH, DIANE	DULUTH	MN	USA	F 50-59	9	
			DAVENPORT, DAVE	ARLINGTON HTS.	IL		M 50-59	28	114	188	2:18:06.41	5134	HOUGHTON, SCOTT	WATERLOO			M 40-49		
05	1:37:02.23	5072	DE JULIO, NICHOLAS	ST PAUL	MN	USA	M 30-39	20	92	55	1:24:54.74	5136	HYDE, JERAD	ANKENY	IA	USA	M 30-39	10	
			DEBAKER, WALTER	ROCK ISLAND	IL		M 40-49		111	141			ISERNHAGEN, HEATHER	SAINT PAUL			F 40-49		
			DIETERICH, GRETCHEN	MT HOREB			F 60-69	3	25	21			JACKSON, CHRIS	COON VALLEY			M 40-49		
			DITTRICH, DAN	SHEBOYGAN			M 50-59		133	168			JAMIESON, RICH	BLOOMINGTON			M 50-59		
			DONLEY, BETH	MADISON		USA	F 50-59	1	11	154			JENKS, CHRIS	ROSENDALE			M 30-39		
			DROLLINGER, TONY	MINNEAPOLIS			M 30-39	23	117	76			JOHN, BRANDON	MILWAUKEE			M 30-39		
	Run Bike																		

Ski. Run. Bike. Live!

45NRTH



2017 FAT BIKE BIRKIE CHICO RESULTS



Results by PrimeTime Timing

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22 12:20:03:00 5179 MAHLER, CHARLE MONTHFIELD MM USA M 40:54 15 19 11:30:00:1 22:9 SCHLUER, CURTIS BIRCHWODD MM USA M 30:39 3 18 77 12:44:38 518 MCCARTHE, MUMAS WUKRSHA WU USA M 40:49 45 14 14:80:70 SSCHUET, ZWALE LAGOSSE WU USA M 40:49 22 71 13:32:15:12:44 518 MCCARTHE, MUMAS SUMTER, JUNALE, CURTIS BIRCHER, MARC LUBRCH, MARC LUBRC, MARC LUBRC, MARC LUBRCH, MARC LUBRC, MARC	50	1:24:21.64	5168	LEBOW, ERIC		MN	USA	M 40-49	13	46	28	1:15:34.94	5276	SCHOENING, PAUL	PLYMOUTH	MN	USA	M 50-59	4	27
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27 12:23:43:8 5165 MCCARRIER, JULIE WAUKESHA WI USA F0-99 1 48 163 15:32:05 5158 MCCARVER, TOM FOREST LAKE NN USA M-049 22 7 12:32:05 S255 SAFER, JAME DUILITH NN USA M-02-9 3 4 15:12:43:05 S158 MCCONEN, TOM FOREST LAKE NN USA M-02-9 3 14 35:55 SAFER, JAME DUILITH NN USA M-02-9 3 14 35:55 SAFER, JAME DUILITH NN USA M-02-9 3 14 35:55 SAFER, JAME DUILITH NN USA M-04-9 35:17 113:13:23:23 S203 SAFER, LAW WI USA M-04-9 35:17 113:13:23:23 S203 SAFER, LAW WI USA M-04-9 36:17 113:13:23:23:23 S203 SAFER, LAW WI USA M-04-9 36:17 113:13:13:13:13:13:13:13:13:13:13:13:13:																				
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Watermelon Margaritas & Learning to Fall Uphill

–Amy Hromatka

I blame this all on watermelon margaritas. My husband Ben and I spent the Fourth of July at his parents' cabin in Hayward. Our friends Jared and Abby joined us for an afternoon on the pontoon, and the drinks were flowing. We were lazily daydreaming of couples' trips to the Boundary Waters, to Napa, to Disney World, when Abby sat up and said, "We should do the Kortelopet!"

Of the four of us on the boat, only one

person really knew how to ski well. Jared skied in high school so he was set. Abby skied the Prince Haakon once and knew about the sport as she'd grown up in Hayward. Although Ben had never tried skinny skis, he's a competent downhill skier and a quick study. And me? I did most of my growing up in the south and was decidedly indoors-y until I moved to Minnesota after college. I had very little exposure to winter sports. Learning to crosscountry ski was going to be a real challenge.

We signed up for the Korte in August and then quietly ignored the looming race for the next few months. In early November, when it became apparent we weren't going to learn to ski while sitting on the couch, we purchased skis and joined a ski club run by the Loppet Foundation. The club met twice a week at Theodore Wirth Park in Minneapolis, MN.

At first, our nights with Ski Club consisted of pole hikes and technical drills that I didn't really understand: hopping across a grassy stretch, trying to bend our poles while falling uphill, and practicing V1 timing. Soon enough, we had snow! I clicked my brand-new boots into my brandnew bindings and fumbled with my pole straps before figuring out where my thumbs were supposed to go. I cautiously doublepoled my way around the course, absolutely spent by the slightest of inclines. After laboring back and forth for a few minutes, a coach pulled me aside. "This is supposed to be fun! Let's try without poles to start..."

Week after week, I showed up. Week after week, I fell down. But week after week, I got better! I learned skiing is all about Ski. Run. Bike. Live! glide, but it's also about suiting up when its -8 without wind chill. It's about figuring out how to put your boots on without sliding off the tailgate into a slushy parking lot. It's about rustling up the confidence to go down the hill, even though you're fairly damn certain you'll wipe out on the icy patch about two-thirds of the way down like you always do. And it's about getting up when you come to a skidding, sliding, tumbling halt and continuing to climb the next hill rising in front of you.



(L-R) Amy Hromatka, Ben Hromatka, Abby Roche, Jared Hromatka

In January, our group skied the BirkieTour. We figured it would be a good way to get familiar with the trail and test our endurance. We skied 16K – just over half of the Korte distance – on the hilly North End. It was a slog. When we finished, we turned our BirkieTour coffee mugs sideways to inspect the elevation map. "This part was mostly uphill. The trail from OO south is mostly downhill. There are only like four big hills on the Korte trail. Plus, we'll get a lot faster in the next month of training!"

About that next month of training? There was no snow. Minneapolis had more rain than snow this winter. We continued to ski at Wirth when conditions allowed. We tried to stay fit in other ways, but I needed every minute possible on my skis to continue to develop my technique.

As the Korte approached, I was nervous. We drove to Hayward and skied north and then south from OO to get a sense for what race day might be like. The southern part of the trail seemed easier, but what about Bitch Hill? What about the total distance? What about the weather? I had so many questions.

The week of the Korte, I wasn't the only one asking questions. After a weekend with

temps in the low 60s, my friends, parents, and coworkers were all wondering if the race was even going to happen! There certainly wasn't any snow in the Twin Cities, but I eagerly awaited the daily Birkie Trail update videos from Ben Popp. The Main Street finish I had been envisioning was no longer an option with open water on Lake Hayward, but the forecast for a potential snowstorm on Thursday had me hoping that we might still be able to race.

When the Korte was officially cancelled,

I was both disappointed and relieved. I failed to achieve my goal, but the circumstances were beyond my control. I know deep down we would have been successful.

Despite the event cancellation, we had a great weekend in Hayward for the inaugural BirkieFest. We arrived on Thursday and went to the expo on Friday - it seemed jampacked to me even though there was not a formal race happening! We shopped downtown to support the local businesses

and stood outside drinking beer in the snow, wishing for the blizzard to track north.

The snow didn't come, but we skied the 5K loop at the trailhead anyway. It was fun to be out with so many happy skiers grateful for the chance to be on snow (any snow!). At BirkieFest, we toasted to a completed season and a not-quite-completed goal. I'm so happy to have picked up a new lifetime sport and in the process, joined a community of supportive, friendly people. We've hung our bibs with their "1" stickers in our basement, and we plan on hanging our real first Korte bibs next to them this time next year.



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formulated to clean integrated skins without affecting the skin glue or grip. skis can attract dirt, grime and other particles from the snow's surface, causing a slowdown and loss in overall performance. Swix Skin Cleaner restores the skin, extending its life and increasing its grip properties.

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Kids! Kids! Kids!

In 2017, the focus of Birkie programming is kids, kids! Summer will bring Birkie Trail Kids, Birkie Kids Mountain Bike Camp, and a Little Bellas program!

- Birkie Trail Kids is an adventure at every lesson. For kids ages 7-13, this year-round program is designed to get kids out on the trail running, biking, skiing, orienteering, and more! If you're not in the Hayward area, check to see if there is a Trail Kids program offered near you!
- Birkie Kids Mountain Bike camp is on June 10th at the OO Trailhead for kids 6-18. Learn new skills, brush up on current skills, and have fun with other kids on bikes!
- Little Bellas is an all girls mountain bike program. Girls ages 8-13 and female mentors will have fun at the Birkie Saturday Camp on August 12th at the OO Trailhead.



Learn more at www.birkie.com/live/training-programs. We hope to see you training in the north woods this summer!

I Can't Wait for the Next One!

-Tony Wiederkehr

I was introduced to Nordic skiing relatively late, when I was nearly 40. My father, who is Swiss, was a regular participant of the Engadin Skimarathon (ESM), and he frequently embellished his past experiences at the race. In 2004 I decided to join him at the ESM and so my crash course in Nordic skiing began. My first lesson was quite memorable - I don't recall even being able to glide on the skis, and the idea of "propulsion" was preposterous at best. My instructor was patient despite knowing she had only two months to take me from "barely able to stand" on these super skinny skis, to participating in the world's largest skate ski marathon. The ESM came and went that year and I thoroughly enjoyed it. I decided to make this "new sport venture" a more permanent activity in my lifestyle. The following season, I discovered the American Birkebeiner, and experienced Birkie Fever, for the first time.

The Birkie immediately felt like a smaller more intimate race even though the number of participants rivalled the ESM. It amazed me that such a small community could handle such a large event. The enthusiasm Ski. Run. Bike. Live!



(L-R) Holly Brooks, Tony Wiederkehr, and Chelsea Little enjoy a day of skiing.

and positive attitude of every participant was incredibly infectious. Just what was going on here, I thought? The ESM was significantly more crowded and with heightened competitiveness and more heated intensity...but here at the Birkie, there were only pleasant exchanges, with a remarkable positivity, and more reserved intensity. I was profoundly unprepared for the difficulty of the course, but strangely, at every point at which I felt I'd had enough, I was rewarded with a long downhill and ample recovery to allow for yet another challenging climb. The Birkie trail is exceptionally unique in this regard.... just when you think you've had enough, you're rewarded with a timely recovery...and when you think you've finally established command of the course, it delivers hills that remind you of who is truly in charge.

This, I think, is the foundation of Birkie Fever – the ongoing drive to finally master the course, have that perfect race in a most (autimud on tage 36)

(continued on page 36)



Birkie Irgil Run Festival September 29 & 30, 2017 Fun! • On-Site Camping! • BBQ! • Birkie Brew-Ski!

Live Music! • Bonfires! • Vendor Fair & More!

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140

- 100K Ultra
- Marathon
- Half Marathon

Marathon Relay
Nordic Trek
5K & More!

USATE







Corrine Malcolm 2016 USATF 50-Mile Champion & 2016 Birkie Trail Run Marathon Champion

Birkie Trail Run Festival 2017 ABSF and USATF Announce 2017 Half Marathon Trail Championship

September 30, 2017 marks the 16th Birkie Trail Run Festival held on the legendary hills of the iconic Birkie Trail. The Birkie Trail Run Half Marathon, part of the Birkie Trail Run Festival weekend of events, has been selected as the USATF Half

Marathon Trail Championship in 2017 by USA Track & Field, the national governing body. America's best half marathon trail runners are expected to compete for the \$3000 prize purse.

"We are honored to host a USATF Championship and welcome America's best runners to the beautiful trails of the north woods," said Ben Popp, ABSF Executive Director. "Last year, Corrine Malcolm, USATF 50-Mile National Champion, won the Birkie Trail Run Marathon. We look forward to welcoming America's best long distance runners, like Corrine, to compete in this year's half-marathon championship. It'll be an awesome day on the Birkie Trail!"

"The participation of these amazing elite



runners will add excitement to the entire field of Birkie Trail Run Festival runners," said Allan Serrano, Event Director. "Now in our 16th year, the prestige of the championship designation will build awareness of our

race and will also have a positive halo effect on the Birkie Trail Run Festival for many years to come."

From the challenge and intensity of a 100 kilometer ultra-marathon to the fun of a 5 kilometer run/walk, an estimated 1000+ runners and trekkers will take to the trails for a day of fun and outdoor adventure. The Birkie Trail Run Festival, sponsored by Salomon, is comprised of eight events that start and finish at Birkie Ridge Trailhead, 12.5 miles north of Hayward, Wisconsin, and 5 miles south of Cable, Wisconsin. The eight Birkie Trail Run & Trek events place runners and trekkers on some of the most scenic stretches of the famous Birkie Trail and single-track sections of the CAMBA (Chequamegon Area Mountain Bike Association) trail system. With eight events on the roster - including a marathon, marathon relay, half marathon, Nordic Trek, 5K run/walk, youth 5K (12 and under) and 1K Kid's Dash (free for ages 9 and under), along with the 100K Ultra Marathon - there is a north woods trail experience available for every ability level.

In 2017, the Birkie Trail Run Festival will be bigger and better than ever. A weekend of fun unfolds with a Vendor Fair on Friday, featuring the latest running and outdoor gear from national and international vendors. Then, on Saturday, the Birkie Trail Run events begin. Participants can look forward to a chill north woods vibe, on-site camping at Birkie Ridge, bonfires, post-race picnic-style fixings in the big tent, live music, craft beer & root beer on tap, spectacular autumn leaves, and camaraderie aplenty. Registration opened on January 1, 2017 for all events.

Gather your family and friends and make plans to get out there this September! Register at www.Birkie.com.



Photo courtesy of ©ABSF/Krueger



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We know that you have plenty of opportunity to engage with any number of groups, foundations, or organizations. So, why the ABSF? What's in it for you?

Our mission is simple. At the core, we believe in engaging, creating, and inspiring a healthy, active lifestyle. By becoming a member of the ABSF you help us to ensure the ability to host superior events like the Birkie, Korte, Prince Haakon, Fat Bike Birkie, or Birkie Trail Run Festival, all which provide a medium to stay active.

As a member, you own a piece of knowing that the incredible Birkie Trail system is sustained both now and in the future. And, your support makes our development programming possible, assuring the health of silent sports for generations to come. The Birkie community is comprised of an inspired group of self-described adventure enthusiasts – whether that means skiing, running, trekking, hiking or simply enjoying the beauty of the Birkie Trail.

If what we stand for feels like home to you, we encourage you to join the American Birkebeiner Ski Foundation as a member. Plus, you can run for our Board of Directors, cast your vote on issues that drive the direction of the ABSF, and get great perks based on your membership level. For more information please visit www.birkie.com/membership.

Take your Birkie Fever to the next level and join us.

We appreciate your support.



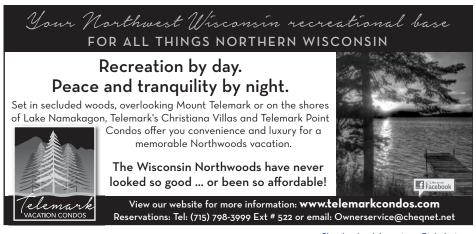
I Can't Wait for the Next One! (continued from page 33)

challenging event, and the realization that your Birkie performance often defines your ski season. The rolling terrain, lack of straight and flat segments, impeccable trail preparation, and the obvious and immeasurable enthusiasm of all the volunteers and planners, all combine to make this a truly unique race.

Although my experience in European races is limited to a dozen or so different venues, there is nothing quite like the Birkie. Even in the months leading up to the race, when the training and preparation is at its seasonal peak, thoughts of the various sections of the course serve as motivation to complete that extra set or run those extra minutes...a little harder, perhaps. There is no other ski race that provides the same motivation, so far ahead of the event date.

To date I've completed ten Birkie's and a

dozen ESM's, and my father, at 83 years old, still participates in the ESM every March. Living in Arlington, Washington, I am at least a 90+ minute drive from the closest Nordic ski area, and I also coach high school basketball during the winter. Despite this, my Birkie Fever provides all the motivation necessary to train and prepare. Year after year, the Birkie provides those special memories that leave me thinking "I can't wait for the next one"! See you in 2018!



YOUR HEART & SOUL MADE SURE THE BIRKIE NEVER STOOD A CHANCE. (IT'S TIME TO SAY THE SAME FOR ALS.)

Thank you for participating in and supporting Team ALS at this year's Birkie. By competing, donating and wearing red, you've given ALS a run for its money. The race is still on and it's time to give ALS a last place finish. Visit vsALS.org to learn how we can work together to even the odds.







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